Have you ever imagined Chronic Fluoride Toxicity?

It gets mixed up with following Differential Diagnosis.

1. CFS=Chronic Fatigue Syndrome (ME)
2. Underactive Thyroid= Hypothyroidism
3. Ennui Tedium

“Fluoride Toxicity “—the rich source is water.

In ‘Fluoride: The Great Dilemma’, Waldbott lists the major symptoms of fluoride toxicity which he names

**“CHRONIC FLUORIDE TOXICITY SYNDROME”**

[Waldbott, 1978].

These are:

- Chronic fatigue not relieved by extra sleep or rest
  - Headaches
  - Dryness of the throat
  - Excessive thirst
  - Frequent need to urinate
  - Urinary tract irritation
  - Arthritic-like pains in lower back, jaw, neck and limbs
  - Muscular weakness
  - Tingling sensations in fingers (especially) and feet
  - Gastrointestinal disturbances.....
  - pain, diarrhoea, constipation, bloating, tenderness
  - Nausea
  - Flu-like symptoms
  - Skin rash
  - Mouth sores
  - Loss of mental acuity and ability to concentrate
  - Depression
  - Excessive nervousness
  - Dizziness
  - Tendency to lose balance
  - Visual disturbances
- This list, compiled in 1978, exactly parallels the symptoms of M.E.