

From: Nikunj Trivedi

\* Arti Clinic-Leicester

Have you ever imagined Chronic Fluoride Toxicity?

It gets mixed up with following Differential Diagnosis.

1. CFS=Chronic Fatigue Syndrome ( ME)
2. Underactive Thyroid= Hypothyroidism
3. Ennui Tedium

“Fluoride Toxicity “—the rich source is water.

In ‘Fluoride: The Great Dilemma’, Waldbott lists the major symptoms of fluoride toxicity which he names

### **“CHRONIC FLUORIDE TOXICITY SYNDROME”**

[Waldbott, 1978].

These are:

- Chronic fatigue not relieved by extra sleep or rest
  - \*Headaches
  - \*Dryness of the throat
  - \*Excessive thirst
  - \*Frequent need to urinate
  - \*Urinary tract irritation
  - \*Arthritic-like pains in lower back, jaw, neck and limbs
  - \*Muscular weakness
  - \*Tingling sensations in fingers (especially) and feet
  - \*Gastrointestinal disturbances.....
  - \*pain, diarrhoea, constipation, bloating, tenderness
  - \*Nausea
  - \*Flu-like symptoms
  - \*Skin rash
  - \*Mouth sores
  - \*Loss of mental acuity and ability to concentrate
  - \*Depression
  - \*Excessive nervousness
  - \*Dizziness
  - \*Tendency to lose balance
  - \*Visual disturbances
- This list, compiled in 1978, exactly parallels the symptoms of M.E.