

HOMEOPATHY CASES.

INFERTILITY and EVIDENCE BASED HOMEOPATHY.

By..... Dr. NIKUNJ M TRIVEDI

A young couple visited India at my clinic having a complain of:

No issue after married life of six years. Have tried many treatment options to start a family (in 2000)

MALE-PART:

**Mr. K P.**

A well built, handsome, enthusiastic young man with a very apprehensive mood and doing everything in haste as “hurried and worried” nature and character. He had narrated to me that his wife having a PCOD (Poly cystic ovarian disease) and for that he is taking Allopathic treatment; (clomiphene citrate, 50 mg) for a pretty long time. As a result of PCOD, her periods were irregular. She developed severe abdominal cramps with bloated feeling; progressively gaining weight. Also she had developed unwanted facial hair.

He was much worried about all these complains of his wife and as a result he also developed erectile dysfunction, which gradually resulted in

**severe oligo-spermia.**

He has a strong liking towards jewellery, diamonds, gold, white gold. He is fond of eating sweets and craves them more during times of tension.

*Investigations:*

**14/03/2002**

Semen Report:

**TSC – 8.9 million/ cu mm**

Volume – 3.0 ml

Fructose - +ve

Tab: **ACRO-3X** - 2TDS x 1 week

**L-ARGENINE PROVED BY**

**DR. NIKUNJ TRIVEDI**

**13/05/2002**

Semen Report

**TSC – 49.6 million / ml**

Actively motile – 55%

Sluggishly – 20%

Non – motile – 25%

FEMALE PART:

**Mrs. M. P.**

A young obese lady with puffiness on face and feet having complains of –

- Irregular menses – no certainty when it will come
- Dysmenorrhoea – abdominal cramps
- Nausea like sensation prior to periods
- Missed periods of 4 to 6 months
- Heaviness on the head
- Breasts: very much painful
- Can't bear the touch of inner clothes
- Dyspareunia ( Painful Intercourse) - so avoiding intercourse
- Sluggishness in all her activities
- Having warts around her neck region – very small and scattered
- Very calm, quite, answering in monosyllabic.
- Wants to be alone, aversion to company
- Strongly 'longing for the heir' – jealous of a lady having a baby

After a quick evaluation, I had suggested her for an ultrasound, i.e. sonography. As she didn't remember her LMP, we went to a radiologist – Dr. Jayesh Bhatt. After doing a pelvic sonography=USG, it was found that –

- There were small multiple follicles in both the ovaries
- Endometrium was very thin – 4.0 mm
- Uterus was in normal shape, size and position

Blood tests were carried out to rule out hypothyroidism.

I had also advised 'TORCH' and 'Female fertility Profile'.

While waiting for the Blood test reports to come,

I administered 'Nux-Vomica – 200' – two doses for five days to both the partners.

Date	Day of cycle	Right ovary		Left ovary		Fluid in cul-de-sac	Endometrial reaction
		No.	Size	No.	Size		
	14	1	16 x 16	-	-	Not found-	5.5 mm

*Uterus:* Anteverted, size, 6.8 x 5.1 x 3.85 cm

Normal echo texture of endometrium,

No space occupying lesion (SOL) seen

*Ovaries:* Normal in size, shape and structure.

*Investigation plan for **TORCH\*** test*

*(T=TOXOPLASMOSIS, R= RUBELLA, C=CYTOMEGALO VIRUS, H=HERPES)*

<i>Date of Test</i>	<i>Test Result</i>
08.03.2001	Rubella Ig-G (84.28)
08.03.2001	Cytomegalic Virus Ig-G (10.58) CMV

After 5 days, I called the couple again for a detailed history taking to find out a suitable remedy after evaluating “Totality “for their problems.

---

## REPERTORISATION and RUBRIC SELECTION

---

### MALE PART:

Rubrics for MR .K P.

#### *FROM BOERICK REPERTORY*

- Nervous about complains –Arg.Nitr
- Mind – fearful, nervous – melancholic, despondent, low- spirited, gloomy, apprehensive – Arg. nitricum
- Hurried worried; wants of balance everywhere,
- impulsive – Arg. nitricum
- Craving – great desire for sweets which aggravates him, but more powerful craving during tension – Arg. nitricum
- Apprehension – does too many things at a time, thinks too many things at a time, apprehensive about others – Arg. nitricum
- Male sex: (mind impulsive: wants to do everything in hurry), impotence
- Erection fails when attempted—Arg.Nit
- Desire wanting—Arg.Nit
- Becomes apprehensive prior to penetration and hence fails  
Arg. nitricum
- Mind: apprehensive of serious diseases—Arg.Nit
- Mind: time passes too slowly (on infertility part)—Arg.Nit

- Mind: Fears and anxiety—Arg.Nit
- Modalities:
- aggravates from sweets but then also he craves for it.

(As he is gaining weight)

- **Arg. nitricum – 1 M**

1 dose: Morning } Every Week for 6 weeks

1 dose: evening

#### **FEMALE PART:**

**Rubrics selected for Mrs. M P.**

*From Boerick Repertory*

*Constitution:* obese, puffy, oedematous

*Mind:* Indifferent

- Calm
- Quite
- Aversion to company, wants to be alone
- Listless
- Jealous

*Head:* Heaviness on the head

*Female:* Dysparunia due to burning

Menses suppressed with head symptoms

Dysmenorrhoea

PCOD

*Ovaries:* Hard, sense of tightness

*Extremities:* Oedematous

Swelling on the face and feet

*Breasts:* can't bear the touch of clothes

*Abdomen:* great tenderness over abdomen and uterine region

*Medicine prescribed – **Apis mel - 200***

While considering the above rubrics, I prescribed her **Apis mel -200**.

Two doses per week for 6 weeks.

After 6 weeks, the couple updated me about the drastic improvement in their condition.

Mrs. P, had regular periods, No dysparunia and a remarkable reduction in the swelling.

Mr. K. P. also had an improvement in his sexual performance. Now he was hopeful that he would definitely get positive results.



After 6 months, I was informed about Mrs. M. P's pregnancy. I was overwhelmed!

One more success story!!!! Patients are in UK and now Baby was my patient for Asthma. She is totally symptom free since past Eleven Years.

### **MALE PART:**

How Homeopathy Works?

ARGENTUM NITRICUM=SILVER

- 1.Hippocrates wrote: SILVER had beneficial healing and anti-disease property.
2. In ancient civilisation: SILVER used to store water, wine, vinegar-to prevent spoiling.
3. In 1900, people used to put silver Dollars in milk bottle to preserve the freshness.
4. In world war-1, Silver compound widely and successfully used to prevent infection.
5. In INDIAN sweets, silver foil used as a preservative and Decorative purpose.
6. In Dentistry, silver filling in tooth widely used to prevent decay.
7. Silver possesses property to treat BURNS and PAIN REDUCTION.

8. Alginate=SEA WEEDS=kelp, Macrocystis Pyrifera for Burns and wound
  
9. Victims which contains Silver. Alginate used in Gaviscone and in Bisodol.
  
10. Samsung has introduced Washing Machine which contains SILVER IONS to finish Final Rinse to provide Anti-Bacterial Protection.
  
11. FDA-USA approved Endo-tracheal tubes, for mechanical Ventilation with a coat of SILVER---to reduce the risk of VENTILATOR associated Pneumonia-ASPIRATION Pneumonia.
  
12. SILVER widely used in Religious celebration everywhere.

With all these evidence, we can conclude, Silver having ....

1. Anti-Inflammatory property
2. Anti-septic property
3. Anti-Bacterial Property
4. Preservative= Restorative Property
5. Anti-Fungal and Healing Agent.

So, Argentum Nitricum had removed the inflammatory reactions to Testes and restored lost vital force =Deranged Pathology back to normal enhancing the normal Spermatogenesis, making to improve his pre-conceptual problem of Oligo-spermia to Normal Sperm count .

## **FEMALE PART**

### **HOW APIS WORKS?**

The sting of bee, wasp, Fire ants and insects contains....

1. Phospholipase A2
2. Hyaluronidase
3. Apamin
4. Melitin
5. Kinins.

### **PATHO-PHYSIOLOGY OF BEE STING.**

- After bee sting....
- Body quickly over reacts with Histamine secretion
- Bee Sting triggers up the release of Histamine from Mast Cells.
- Histamine is usually found in higher concentration in Skin, Lungs and in Gastric Mucosa.
- Histamine is a potent ARTERIAL DILATOR leading to Hypotension.
- In lungs, it causes Bronchial constriction leading to spasm, dyspnoea, wheezing and Respiratory collapse.

## Phospholipase A2.....

- It is a type of membrane Protein, which hydrolyzes
- ↓
- Phospholipids...to form....
- ↓
- Fatty Acids and LYSOPHOSHOLIPID products.
- ↓
- Phospholipase A2 proteins are responsible for the release of...
  
- ARCHIDONIC Acid from Cell Membrane.
  
  
- Subsequent conversion of this Fatty Acid to .....
- Leukotrienes and Prostaglandin is a part of Inflammatory response.
- Leading to Inflammatory “cyst “formation.
  
  
- On basis of Law of Similar---Similia Similibus Curenture..
  
  
- APIS MELLIFICA is working to remove the cysts from the ovaries.

© by : DR. Nikunj M. Trivedi, FBIH, FRSH-LONDON, MHMA-UK, DHMS (Gold Medallist) ©